



Office Hours (Monday-Friday)
11:00 am – 7:00 pm

Facility Hours (7 days a week)
7 am – 10 pm

SPRING '10 14-U DRAGONS TRYOUTS

When:

Sunday, November 15 | 12:00 – 2:00 p.m.

Saturday, November 21 | 12:00 – 2:00 p.m.

Sunday, November 22 | 12:00 – 2:00 p.m.

Where:

Franconia Park

6432 Bowie Dr.,
Springfield, VA 22150

*In case of bad weather, tryouts will be held at DBA:
8827 Telegraph Rd., Lorton, VA 22079*

Please contact Jason Olms,
DBA Dragons General Manager,
with any additional questions:

jason@dbabaseball.com
703-339-6893

14-U Dragons Head Coach:

Ricardo Castillo: rickcast7@gmail.com

- Played High School Baseball in Miami, Florida
- NCAA All-American at Savannah State University in Savannah, GA
- Valley League All-Star for Luray Wranglers 2001-2002
- Associate Head Coach at Savannah State University 2004-2005
- Head Coach Virginia Patriots, WS Varsity Franchise 2005-2008
- Head Pitching Instructor at Dominion Baseball Academy 2006-2009
- Pitching Coach at Bishop Ireton High School 2008 - 2009

14-U Dragons Pitching Coach:

Frank Vanderhorst

- Drafted as a Pitcher by the Kansas City Royals 1995
- Pitched for Gulf Coast Royals, Lansing Royals, and Wilmington Blue Rocks in the Carolina League 1995-1999

Additional Notes:

- Players are expected to attend all tryout dates if possible.
- Players must attend at least one tryout date to be eligible.
- If a player cannot attend any of the tryout dates, a make up tryout date before November 22 must be made by request.
- Tryouts are open to all players and free of charge.
- Attending tryouts does not obligate the player to play for the Dragons, however, a commitment to the Dragons must be made by Nov. 21.
- The 14-U Dragons team will be selected on November 22.
- 14-U Dragons Spring '10 season info will be distributed at tryouts.
- The purpose of the Dragons program is to prepare its players for competitive high school baseball programs, on and off the field.